

# **TIOGA COUNTY COMMUNITY SERVICES BOARD**

**MH – ASA – OPWDD Subcommittee Meeting**

**May 5<sup>th</sup>, 2025**

**9:30 a.m.**

**Via: Hybrid**

- **Review and approve April 2026 meeting minutes**
- **Director's Report**
- **Clinical Director's Report**
- **Mental Health Report – Angel Deyo-Cruz, Chair**
  - A New Hope Center Report
  - RSS Report
  - Public Health
  - HeaHea Report
  - Additional Updates
- **OPWDD Report – John Crosby, Chair**
  - DDSR/DDRO Report
  - Achieve Report
  - FSS Report
  - CCO Reports
  - Racker Report
  - Catholic Charities Report
  - Self-Advocacy Report
  - Other Business
- **ASA Report - Kylie Holochak, Chair**
  - Trinity Report
  - ASAP Coalition Report
  - Coroner/EMS Report
  - Sheriff's Office Report
  - Additional Updates
- **Additional Group Discussion**
- **Adjournment**

*Next meeting: Tuesday, June 2<sup>nd</sup>, 2026*

# TIOGA COUNTY COMMUNITY SERVICES BOARD

## MH – ASA – OPWDD Subcommittee Meeting

Pending Approval

April 7<sup>th</sup>, 2026

9:30 a.m.

Via: Hybrid

Member Attendance: Tina Lounsbury Colleen Arnold  
Nadia Constant Georges Oswald  
Anne Seepersaud Laura Smith  
John Crosby Karen Warfle  
Renee Nuzak Shannon Westbrook  
Kim Bailey-Poreda Kylie Holochak  
Gayle Pado Bob Williams

Guest

Attendance:

Mental Hygiene Danielle Fabregas, Clinical Program Director

Staff Attendance: Angelica Deyo-Cruz, Corporate Compliance Officer/CSPOA

Porshea Moore, Certified Recovery Peer Advocate

Sue Graves, Secretary to the Director

Meeting called to order at: 9:33am

Topic:

Review March 2026 Minutes

- MH Subcommittee – Approved as written
- OPWDD Subcommittee – Approved as written
- ASA Subcommittee – Approved as written

Topic

Clinical Director Report – Danielle Fabregas

Discussion:

Updates:

- Staffing
  - Lorrie Woloszyn started 4/1 - Jail Clinical Social Worker
  - Rebecka Deretz started 3/27 – School based Social Worker at Tioga Central Schools
- May – Mental Health Awareness Month
  - Proclamation presented to the Legislature
  - Requested for the Court House to be lit up in green for awareness month
- Mobile Crisis
  - Up and running
  - Mobile Crisis Peer position remains open
- County Plan
  - All provided 2024 full plan & 2026 updates
  - Feedback is needed from each subcommittee
  - Please send updates to Sarah
  - Plan is due to the state in June

- Census
  - ADS
    - 86 Admitted
    - 10 Peer only
    - 33 Continued Care
  - MH
    - 573 Admitted

Status: Informational - Complete

Topic: OPWDD Subcommittee – John Crosby

Discussion: DDSO/DDRO Report – Renee Nuzak

- Website updated
  - Family resources page
  - Employment page – printable guide
  - Front Door Videos – in additional languages
  - Housing pages
  - Data

Achieve – Shannon Westbrook

- Day Hab
  - Full with 23 enrolled, 2 on intake list and 2 on wait list
  - Day program expanding as well

FFS Report – Gayle Pado

- Working on purchasing swag items
- Discussions on contract information - how providers are doing with milestones
  - Information reviewed at the statewide meetings
  - Regional responses reviewed as well that directly affects Tioga County.
  - Connecting providers to create internal mentor program in the region

CCO Reports

LIFEPlan – Anne Seepersaud

- Community Networking Event June 10<sup>th</sup> at Doubletree, Binghamton
  - Tabling event
  - Reaching out to schools
  - Discussion panel on Self-Direction
  - Group showing of “Unseen” – documentary
- Tioga County School District
  - Spoke with regarding OPWDD outreach & assistance
  - Helping families not connected to services
- Nick Cappoletti, CEO of LIFEPlan addressed the NYS Assembly regarding housing
  - Video link attached

- Virtual Summit held last month
  - Recording on website being sent to subcommittee

Prime Care – Tricia Tomm - not present

ST Connects – Emily Jackson – not present

Rackers – Gayle Pado

- Waiting list for ComHab
- Self-Direction - no waiting list
- April Events (attached)
  - Highlight – “Raising Kids Who Include” – virtual training
    - April 8<sup>th</sup>, 5:00-6:30pm
  - Brief overview of April activities
- New Series this Spring/Summer
  - “Growing Together” -adaptive gardening
    - More information to follow
- Texas Roadhouse field trip planned
  - April 27<sup>th</sup> from 11:00am – 1:00pm

Catholic Charities – Gabby Ayers – not present

Self- Advocate – Karen Warfle

- Surveys completed for various agencies

*Brief discussion ensued regarding surveys, results and increasing participation.*

Status:

Informational - Complete

Topic:

ASA Subcommittee – Kylie Holochak, Chair

Discussion:

CASA Trinity – Laura Smith

- Waverly Schools
  - Josh is finishing up programming for grades 5-8
  - Running a “Life skills” program with a lunch group
  - Group attendance is good
- Spencer VanEtten Schools
  - Kim is running a prevention group for grades 7-8
- Met with Spencer & Waverly schools to discuss dropping the contract
  - Work continues as it has without the contract

EMS – Bob Williams

- Open House at the end of May
- TAM training May 12<sup>th</sup> – 14<sup>th</sup> at the Public Safety Building
  - Register online
  - More information forthcoming

Coroner Report – Bob Williams

- Had one overdose death this past Saturday
  - Waiting on toxicology report

Sheriff's Office report – Trevor Yaeger – not present

Certified Recovery Peer Advocate – Porshea Moore

- Spike in overdoses in Broome County
  - Tabled at an event this past Saturday
  - All Narcan boxes and kits given away
- Spike in need for housing and food insecurities
  - Broome County has more resources but finding people do not want to leave Tioga County

ASAP Coalition – Kylie Holochak

- Call with the State Overdose Program
  - They want to see more reported overdose figures
  - Decline in county overdose deaths
  - Porshea suggested creating a reversals report
    - To include a way for clients to report
- CLYDE Surveys
  - Meeting with schools regarding their survey results
    - Waverly, Newark Valley & Owego reviews done
    - Spencer VanEtten & Tioga Central reviews next week
    - Candor schools at the end of May
  - Initiatives to be implemented in September
  - Biggest issues – Mental Health & Bullying in grades 7 & 8
  - Survey showed numbers for alcohol use, vaping, prescription med misuse and Zins to be much lower than perceived
    - Note regarding Zins – fewer people using, but those individuals are using a lot of them

Public Health – Kylie Holochak

- Tabled at the Newark Valley for Wellness Week
- Drug Take Back Day
  - April 25<sup>th</sup> from 10:00am – 2:00pm
  - Promoting “Every day is take back day”
- Public Health & Coalition Collaboration
  - Safety Symposium April 28<sup>th</sup>
  - Starting discussions regarding vape disposal
  - Goal is to get it to the state level

Status: Informational - Complete

Topic: MH Subcommittee – Angelica Deyo-Cruz, Chair

Discussion: Rehabilitation Support Services – Colleen Arold

- Housing
  - 2 opening in the CR

- Will have a total of 3 at the end of April
- 2 openings in the TAP program
- Supported Housing – 17 of the 22 beds are filled
  - Accepting applications/referrals

Public Health – Kylie Holochak

- Working on Community Health Improvement Plan (CHIP)
- ASAP Coalition & Suicide Prevention Coalition working together on a new data program (Metopio)
  - Kylie gave a brief overview of how the program can benefit both organizations
  - The program updates daily
  - Has 150 data sets
  - Kyle to share more once the program is live

Hea Hea – Nadia Constant & Georges Oswald

- Open and treating clients
  - Experienced Clinical Social Worker hired for mental health & substance misuse hired
- Struggling with insurance companies
  - Issues with getting paid for services
- Clients are doing well in treatment & families are happy
- Doing community outreach
  - Engaging in television & radio presentations
  - Georges developing a podcast
  - Roundtable for families, community & service providers
- Currently have 4 clients enrolled in PHP
- IOP expanding age group to provide services to 11–35-year-olds
  - OMH will need to do an in-house visit
- A clinic in Elmira closed services for adults with eating disorders
  - Hea Hea can't take on any more client currently
- Experiencing transportation issues with clients
  - Georges noted BC/BS will not pay transportation costs for a PHP program
  - Group provided numerous resources for transportation assistance

Status:

Informational - Complete

Adjournment:

The meeting adjourned at 10:36am. The next meeting is scheduled for Tuesday, May 5<sup>th</sup>, 2026, at 9:30am

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