

TIOGA COUNTY COMMUNITY SERVICES BOARD

MH – ASA – OPWDD Subcommittee Meeting

APPROVED

May 6th, 2025

9:30 a.m.

Via: Hybrid

Member	Nadia Constant	Laura Smith
Attendance:	Kim Bailey-Poreda	Bob Williams
	Karen Warfle	Kylie Holochak
	John Crosby	Gayle Pado
	Renee Nuzek	Shannon Westbrook
	Sue Medina	Gabby Ayres
	Carolyn Galatzan	Sarah DiNunzio
	Evelyn Vavra	
Guest	Teresa Edwards	
Attendance:	Denise Brennan	
	Tricia Tomm	
	Emily Jackson	
Mental Hygiene	Lori Morgan, Director of Community Services	
Staff Attendance:	Sarah Begeal, Deputy Director of Community Services	
	Danielle Fabregas, Clinical Program Director	
	Angelica Deyo-Cruz, Corporate Compliance Officer	
	Porshea Moore, Peer Advocate	
	Sue Graves, Secretary to the Director	

Meeting called to order at: 9:35am

Topic: April Minutes not reviewed

Topic: Director's Report – Lori Morgan

Discussion: Updates:

- Federal Impacts
 - No county impact yet
 - DFC and associated grants remain intact thus far

Status: Informational – Complete

Topic: Deputy Director Report – Sarah Begeal

Discussion: Updates:

- Staffing
 - Bree McCartney, CSW starting 5/19/25
 - Records Management Technician started 4/21/25
 - CASAC started 4/21/25
 - Continuing to recruit for Mobile Crisis & CSC Social Worker

- May is Mental Health Awareness Month
 - In partnership with Public Health, Credible Minds website was launched.
 - Resource website for Mental Health for Tioga County
 - Informational cards provided

Status: Informational - Complete

Topic: Clinical Program Director Report – Danielle Fabregas

Discussion: Updates:

- Census
 - Mental Health – 606 admitted clients
 - ADS – 100 admitted clients, 30 continued care, 14 peer only

Status: Informational - Complete

Topic: OPWDD Subcommittee – John Crosby, Chair

Discussion: DDSO/DDRO Report – Renee Nurek

- Exceptional Family Resources (EFR) for region 2
 - Training in process
 - Day Hab – 2 employment trainings
- Care Coordination Evaluation Report
 - Renee to discuss after talking points are received

Achieve – Shannon Westbrook (via email)

- Tioga Day Hab is at capacity
 - 2 individuals on waitlist for Site Based Day Hab
- DHWW (Day Hab Without Walls) program
 - Expanding to Broome & Chenango Counties
- Accepting referrals for both services
- Looking at renovations for main area

John expressed concern over the health/fitness of individuals. Sharon will discuss with supervisor.

FSS Report – Gayle Pado

- Statewide – committees changing to reflect various changes
 - Developing training & guidance
 - Working on getting terms into place
- RFP for \$124,000 closes in May
 - Focusing on respite, after school programs & camps
 - Looking forward to seeing the proposals

Racker – Gayle Pado

- Many May activities
 - Review of May Events
- Self-Direction accepting referrals

- Reimbursement Program accepting applications
- Service Access seeing a lot of approvals for individuals
- Virtual Event June 3rd
 - “Speaking Out Against Bullying”
 - Links to register on website

CCO Reports

- Prime Care – Tricia Tomm
 - HR component focusing on preventative care
 - Virtual trainings
 - Taking new referrals
 - Received 1 from Tioga County
 - Open positions – 1 Elmira, 2 Binghamton
 - Conducting face to face visits & follow up

John would like to know how many people are being served. Tricia to run a report for the number.

- ST Connects – Emily Jackson
 - Clinical is the focus – HR members, clinical outcomes
 - CCO leadership to meet to discuss the results of the State CCO report
 - Three new individuals hired for the Binghamton Office
 - One vacancy still open

John asked the number of people being served. Emily stated approximately 250 in Broome County and 42 in Tioga County. Potentially another 10 for Tioga County

- LifePlan – Anne Seepersaud (via email)
 - Provider Networking Event (flyer attached)
 - For LifePlan Care Managers, Members & Families, HCBS & FSS providers
 - At Celebrations on Park, Binghamton
 - Thursday June 5th, 2025, from 10:00am – 1:00pm

Catholic Charities – Gabby Ayres

- Dance on May 20th in Nichols
- Open Mic Night May 15th from 4:00-6:00pm
- Looking at how to better serve people
- Accepting new referrals for daytime hours – no afterschool

John asked the number of people they are serving. Gabby stated approximately 30 individuals in Tioga County.

Self-Advocacy – Karen Warfle

- “Better Together” event
 - May 10th, Stewart Park, Ithaca from 11:00am-2:00pm
- Communication Disabilities Across Canada

- Offering 4 courses online
 - Courses reviewed
- Sending in an application for the regional local FFS Committee

Status: Informational – Complete

Topic: ASA Report – Kylie Holochak, Chair

Discussion: Trinity - Laura Smith

- New staff started on 4/24 – training in process
- Resilience Training held during the Mental Hygiene wellness day
 - Additional trainings requested by attendees
- Finishing up programs at schools
 - Data to follow
- Planning for summer Social Emotional Learning (SEL) programs

Coroner Report - Bob Williams

- No new cases to report

EMS Report– Bob Williams

- Open House May 17th from 10:00am – 2:00pm at the Public Safety Building
 - Contact Corrine if you wish to table
- LEPC training tomorrow (5/7/25)

TAM Program – Bob Williams

- Currently have 1 active case
- Training 1–3-day course coming up May 13th -15th at the Public Safety Building
 - Contact Corrine to register

Peer Advocate – Porshea Moore

- Tabling at the EMS Open House event
- Gearing up for upcoming events

Sheriff's Department – Trevor Yaeger (via email)

- Overdoses
 - April had 2 Opioid overdoses
 - Narcan used once

ASAP Coalition – Kylie Holochak

- Drug Take Back Day
 - 200 pounds of medications collected
 - 4 large boxes of sharps
 - Could be the last takeback due to federal cuts
 - Will promote med box drop off sites
- Evaluator here in April and presented to the coalition
 - Tour of Owego and Waverly
 - Held a facilitator session

- Compliance Checks with the Sheriff's Office are on hold
- Steering Committee meeting held May 5th
- "Be a Parent Not a Bartender" campaign
 - Billboards & commercials are running
 - Boosting social media posts

Status: Informational - Complete

Topic: MH Subcommittee – Larissa Brower - Not Present

Discussion: A New Hope Center – Sarah DiNunzio

- April Awareness Events successful
 - Chalk the Walk
 - Sexual Assault Prevention month
 - Artwalk for Survivors
- CAC Open House in April
- Shelter has been full for months
 - Policy: stay for 180 days
 - Issue: Affordable Housing
 - Working with DSS for resources

Public Health – Sue Medina

- Suicide Coalition
 - Health educator working on subgroups
 - Capacity building
- Community Health Assessment
 - Survey for community members to complete
 - Key informant interviews
 - Plan put together to handle gathered information
- Providing Narcan training at the EMS Open House
- Public Health Nurse trained in psychological train the trainer - psychological first aid

Hea Hea – Nadia Constant

- Follow up meeting with Albany
 - Granted a waiver to practice in June
 - Age range expanded to 30 years old
 - Allowing the ability to address BU students
 - In Network with most insurance companies
 - Waiting on Medicaid Provider number
 - In rate negotiations
- Partnered with Lean Well for academic instruction
 - Accredited Education
 - Expense covered by Learn Well
- Partnered with Factor.com for the food portion
 - Nutritionist team to collaborate with Hea Hea
- Striving to keep costs down
- Staff model
 - Seasoned staff on board

- Providing evidence-based training
 - Holistic skills as well
- Financial need of \$100,000 to cover salaries until Hea Hea is at capacity
- Wendy Arnold hosting lunch & learn events

Status: Information – Complete

Topic County Plan – Lori Morgan

Discussion: The plan was sent out before the meeting to give all an opportunity to review and submit any suggestions/changes

- Plan & history reviewed
- Floor opened for discussion
- Extensive discussion ensued.
- Email Lori with suggestions/changes
- Further discussion in the June subcommittee meeting
- Plan to be presented to the Community Services Board
- Quarterly reviews of the plan suggested

Status: Informational - Complete

Adjournment: The meeting adjourned at 11:12am. The next meeting is Tuesday, June 3rd, 2025, at 9:30am.
