

## **TIOGA COUNTY COMMUNITY SERVICES BOARD**

### **MH – ASA – OPWDD Subcommittee Meeting**

**August 5<sup>th</sup>, 2025**

**9:30 a.m.**

**Via: Hybrid**

- **Review and approve June 2025 meeting minutes**
- **Director's Report**
- **Deputy Director's Report**
- **Clinical Director's Report**
- **ASA Report - Kylie Holochak, Chair**
  - Trinity Report
  - ASAP Coalition Report
  - Coroner/EMS Report
  - Sheriff's Office Report
  - Additional Updates
- **Mental Health Report – Larissa Brower, Chair**
  - Housing Presentation – Christine Shaver, Tioga Opportunities
  - A New Hope Center Report
  - RSS Report
  - Public Health
  - HeaHea Report
  - Additional Updates
- **OPWDD Report – John Crosby, Chair**
  - DDSR/DDRO Report
  - Achieve Report
  - FSS Report
  - CCO Reports
  - Racker Report
  - Catholic Charities Report
  - Self-Advocacy Report
  - Other Business
- **Additional Group Discussion**
- **Adjournment**

*Next meeting: Tuesday, September 2<sup>nd</sup>, 2025*

# TIOGA COUNTY COMMUNITY SERVICES BOARD

## MH – ASA – OPWDD Subcommittee Meeting

**PENDING APPROVAL**

June 3<sup>rd</sup>, 2025

9:30 a.m.

Via: Hybrid

Member	Nadia Constant	Trevor Yaeger
Attendance:	Kim Bailey-Poreda	Bob Williams
	Karen Warfle	Kylie Holochak
	John Crosby	Gayle Pado
	Sue Medina	Gabby Ayres
	Carolyn Galatzan	Sarah DiNunzio
	Katie Wait	Larissa Brower

Guest	Jennifer Payne
Attendance:	Anne Seepersaud
	Christine Shaver

Mental Hygiene	Lori Morgan, Director of Community Services
Staff Attendance:	Sarah Begeal, Deputy Director of Community Services
	Danielle Fabregas, Clinical Program Director
	Angelica Deyo-Cruz, Corporate Compliance Officer
	Porshea Moore, Peer Advocate
	Sue Graves, Secretary to the Director

Meeting called to order at: 9:35am

Topic:	Review April & May Minutes – MH & ASA approved as written. OPWDD – April approved with changes – May approved as written
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Topic	Director's Report – Lori Morgan
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Discussion:	<p>Updates:</p> <ul style="list-style-type: none"><li>• Group agreed to no July meeting<ul style="list-style-type: none"><li>◦ Next meeting August 5<sup>th</sup>, 2025, at 9:30am</li></ul></li><li>• County Plan Discussion<ul style="list-style-type: none"><li>◦ Priority Guidelines for MH &amp; ASA passed out for review</li><li>◦ Email Lori with any changes</li><li>◦ Due to State by 6/30/25</li><li>◦ Review frequency discussed<ul style="list-style-type: none"><li>▪ Workgroup discussed – individuals from each subcommittee</li><li>▪ Kylie to coordinate</li><li>▪ Present work being done by each subcommittee quarterly</li></ul></li><li>◦ John committed to reviewing goals/objectives to determine what the subcommittee could have an impact on.</li></ul></li><li>• Budget season</li></ul>
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- Must come in budget neutral
- Vacancies over 12 months must be explained to the Legislature

Status: Informational – Complete

Topic: Deputy Director Report – Sarah Begeal

Discussion: Updates:

- Staffing
  - Clinical Social Worker in the background check process
  - Owego clinic will be at full staff with this hire
  - Application received for Mobile Crisis

Status: Informational - Complete

Topic: Clinical Program Director Report – Danielle Fabregas

Discussion: Updates:

- Census
  - Mental Health – 642 admitted clients
  - ADS – 99 admitted clients, 25 continued care, 15 peer only

Status: Informational - Complete

Topic: MH Subcommittee – Larissa Brower

Discussion: Presentation by Christine Shaver – Tioga Opportunities

- Housing Services
- Brief overview of services given
- Current waiting list:
  - Long Meadows – 140
  - Nichols – 40
  - Springview – 70
  - County Farm – 40+
- Section 8 housing is currently closed – waiting for the state to reopen
- Working with Care Compass but not to develop new housing
- Presentation, flyers & applications attached

A New Hope Center – Sarah DiNunzio

- Housing is a huge need
- Seeing a trend with adult children committing acts of violence toward their parents and other family members
- Will be participating in the Strawberry Festival Parade

RSS – Larissa Brower

- SOS Team is busy
- Experiencing a hiring struggle
  - Care Manager and Clinician positions open

**Public Health – Sue Medina**

- Community Health Assessment in process
- My Health Story survey in process
- Public Health Educator started 6/2/25
- Credible Minds promotions
  - 400 people visited the site
  - 100 assessments completed
  - The highest users are 13-17yr olds
  - Second highest is tied at 18-24 yrs old and 24-34yrs old
  - Promoting with postcards, wallet cards, coffee sleeves
  - Doing a gift cart promotion

**Suicide Coalition – Katie Wait**

- Revamping goals & objectives
- Met in May
- LOST Grant
  - Meet with survivors of suicide
  - Resources & support groups

**Hea Hea – Nadia Constant**

- Slated to open next month
- Eating Disorders are a silent crisis
  - New York statistics shared
    - 90,000 adolescences consider
    - 60,000-90,000 teens with an eating disorder
    - Fewer than 1% get the care they need
- Outpatient services are the least supported by the system
- Hea Hea's mission is to facilitate care, but challenges prevent that from happening
- Hosting a lunch & learn – holistic approach to mental health
  - Goal for county plan – screen for eating disorders

Status:

Informational - Complete

Topic:

OPWDD Subcommittee – John Crosby, Chair

Discussion:

DDSO/DDRO Report – Renee Nurek – Not Present

**Achieve Report – Shannon Westbrook (via email)**

- Tioga Day Hab is at capacity
  - 3 referrals on wait list for Site Based Day Hab
- Day Hab With Out Walls (DHWOW) has 7 enrolled
  - 1 starting by the end of the month
  - 2 referrals in process
- Looking at renovating the old workshop
  - Recertify at a higher capacity
- Continuing to build on DHWOW
  - Family site tours have garnered a lot of interest

**FSS Report – Gayle Pado**

- No Report

**Racker – Gayle Pado (via email)**

- June activities attached
- Self-Direction accepting referrals
  - No wait list

**CCO Reports**

- LifePlan – Anne Seepersaud
  - Hosting a provider network event
    - Thursday, 6/5/25 from 10am-1pm at Celebrations in Binghamton
    - Register online (email link attached)
    - Learn about Southern Tier services including Tioga County
- ST Connects – Emily Jackson (via email)
  - Fully staffed for the Tioga Region
  - Continuing to focus on similar priorities as previously reported
- Prime Care – Tricia Tomm – Not Present

**Catholic Charities – Gabby Ayres**

- Revamping programs
- Opened Day Hab Without Walls for ages 55+ & 18+ with disabilities
  - Accepting referrals
- Numerous activities shared
  - Open Mic Night
  - Fishing
  - Brunch at Kirby Park 6/10/24
  - See Facebook page for all events
- Hiring for the Tioga County for after school hours

**Self-Advocacy – Karen Warfle**

- Community Assistance Course completed
- Numerous activities attended
  - Baseball games
  - Action Club meeting today
    - Care packages for US troops
  - Callie's Clubhouse
  - Mother's Day Event
- Calling dentists
  - Long wait lists
  - Not taking new patients
  - Seeking dentists who are taking new patients (county plan goal)

**Status:**

**Informational - Complete**

Topic: ASA Report – Kylie Holochak, Chair

Discussion: Trinity - Laura Smith (via email)

- Finishing up programming in Waverly and SVE schools
  - Planning the summer programming
- Creating an end of year newsletter reflecting work completed in the 2024-2025 school year
  - Can share with the subcommittee
- New staff member starting outreach in Newark Valley and Tioga School districts to offer programming
  - Hoping to help with summer programming

ASAP Coalition – Kylie Holochak

- Focus groups started
- Compliance Checks starting
- OD Vigil August 28<sup>th</sup>
- Promoting Safe Celebration month
- Locks Save Lives promotion

Coroner Report - Bob Williams

- One overdose death in March

EMS Report– Bob Williams

- Open House was a success

TAM Program – Bob Williams

- Training completed
- Currently have 2 active cases tied to a school district
- Looking to help with other cases
- More volunteers being trained

Sheriff's Department – Trevor Yaeger

- Overdose report showing low numbers
  - One overdose death in March
- Will be doing Compliance Checks with the ASAP Coalition
  - The purpose is to keep alcohol away from youth
  - Violators will be ticketed

ASAP Coalition – Kylie Holochak

- One Tomkins County death via vape
  - Student overdosed on Fentanyl
- Tioga County schools have Narcan
  - Schools requesting more Narcan
  - Looking to NYS for enforcement guidelines regarding vapes
  - Schools handling internally – not reporting
  - Schools don't know what to do with the collected vapes
  - No guidelines on how to properly dispose of

- Will keep pushing for Narcan in homes for those who vape

**Tioga Opportunities – Christine Shaver**

- Received harm reduction vending machine and Fentanyl testing strips

**Peer Advocate – Porshea Moore**

- Massive uptick in needed Narcan
  - Requests resulting from school event
  - People requesting for vacations & festival attendance
- Housing issue
  - People are getting clean but there is no appropriate place to go but back to where they came from
- Mental Hygiene is gearing up for the Strawberry Festival

**Status:** Informational - Complete

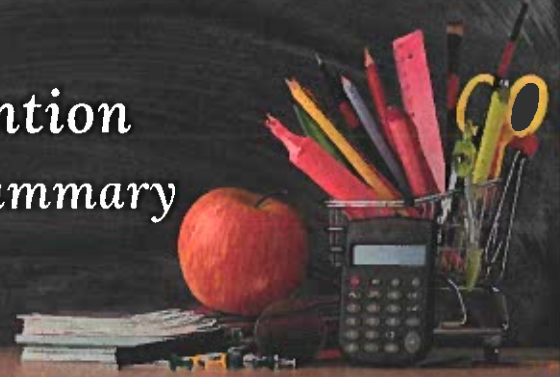
**Adjournment:** Meeting adjourned at 11:03am. There will not be a meeting in July. The next meeting is scheduled for Tuesday, August 5<sup>th</sup>, 2025, at 9:30am

DRAFT

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# Tioga County Prevention End of the School Year Summary 2024-2025

June 12, 2025



*Wrapping up the School-Based Prevention Program Year:*

## **Schools CASA-Trinity Implemented Programming in the 2024-2025 School Year**

CASA-Trinity worked with several schools in the 2024-2025 school year including Waverly, Newark Valley, Spencer-Van Etten, and Owego.

In Waverly, our prevention educator, Josh Congdon, implemented the Too Good for Drugs/Violence program in 17 classrooms in grades 4, 5, 6, and 8. He ran a total of 156 lessons and reached a total of approximately 380 students. Josh also continued his work with students helping them with academics and attendance. The 2024-2025 school was also the first year he implemented a fishing trip for students who improved in academics and attendance.

In Newark Valley, our educators implemented programming in middle school classrooms. Our educators implemented Too Good for Drugs in grades 4, 5, 6, and 7. They ran a total of 111 lessons and reached a total of approximately 214 students.

In Spencer-Van Etten, Ryan Revock implemented the Too Good for Drugs Social Perspectives program in several classrooms. He implemented programming in elementary, middle, and high school in grades 1, 2, 3, 4, 5, 6, 7, 8, and 9. He was able to implement a total of 181 lessons to approximately 254 students.

In Owego, our educators were able to run the Too Good for Drugs and Social Perspectives program with grades 4 and 5. Our educators were also able to run a couple of tabling events with middle school students.

## **Thank you, Teachers!**

This year, Tioga Prevention successfully delivered prevention education programs, including Too Good for Drugs/Social Perspectives, Teen Intervene, and Restorative Circles to various classrooms throughout Tioga County school districts. This remarkable achievement was made possible by the generous support of the teachers who graciously offered their classrooms and students, and who reinforced our programs by prioritizing the well-being and safety of their students.



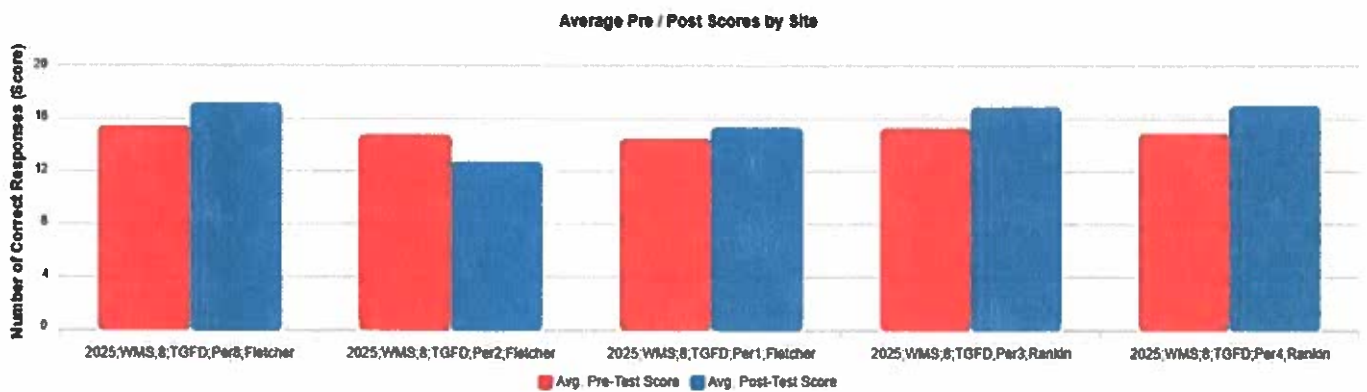
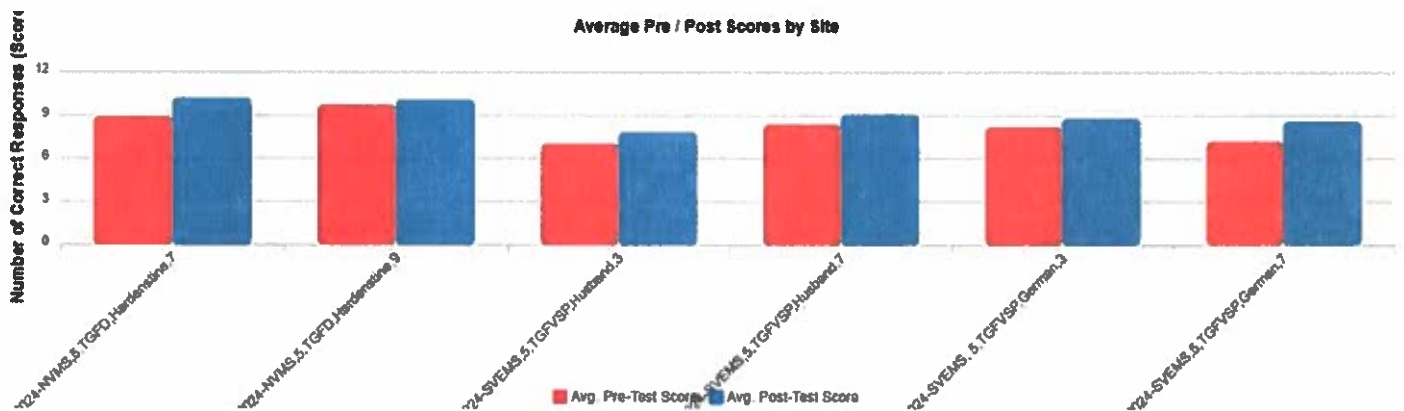
## A Look at Our 2024-2025 Program Year Outcomes:

### Programs Facilitated in the 2024-2025 School Year:

**Too Good For Drugs/Violence:** Waverly Middle School, Elm Street Elementary, Spencer–Van Etten Elementary/Middle School/High School, Newark Valley Middle School

**Teen Intervene:** Waverly High School, Spencer–Van Etten High School, Candor Junior/Senior High School, Newark Valley High School

**Restorative Circles:** Spencer Van–Etten





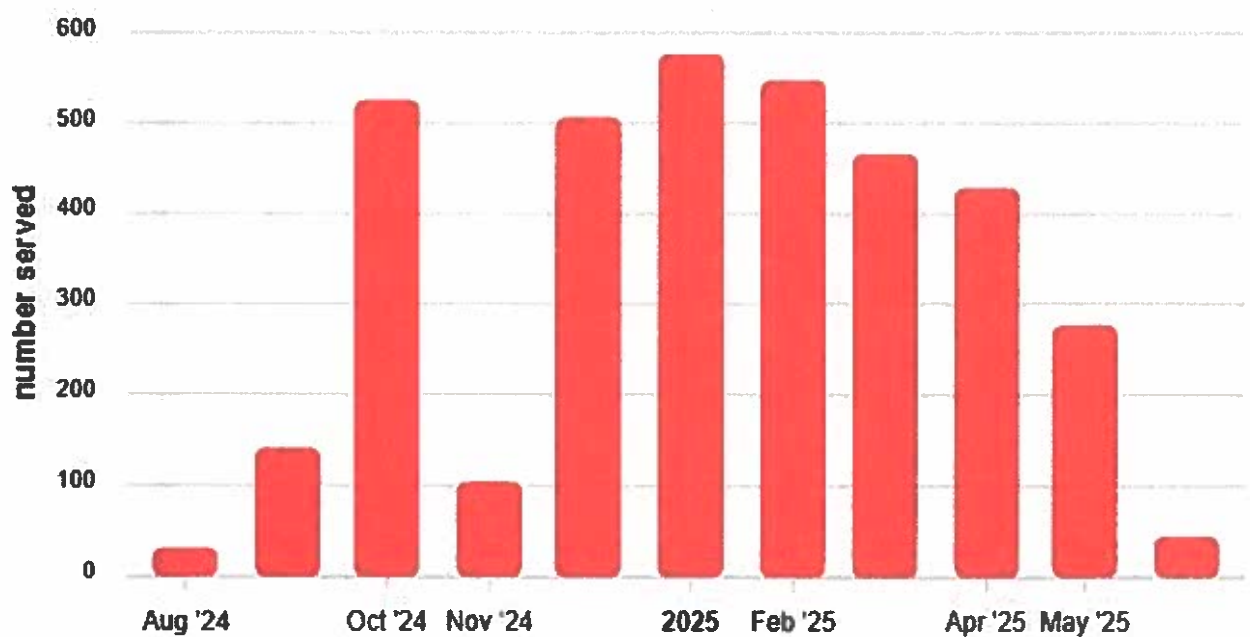
### Teen Intervene:

CASA–Trinity received a total of 25 referrals for Teen Intervene and completed 20 of those referrals. Majority of students reported a high willingness to change their current substance use behavior.

### Restorative Circles:

This school year one of our educators ran restorative circles with students at Spencer–Van Etten. He was able to run 20 circles with a group of 6 students.

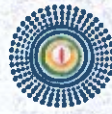
### Youth Served







## **SPOTLIGHT ON: Restorative Justice**



**RJEd**

RESTORATIVE JUSTICE EDUCATION  
Creating a Culture of Care in Schools

### **What is Restorative Justice Education?**

Restorative Justice Education implements researched, and evidence-based training borne of indigenous roots to create a Culture of Care in our schools, at home, and among our various communities.

### **Talking Circles:**

Talking circles are the primary process for using Restorative Practices in schools to create a Culture of Care. This process involves the use of a Talking Stick, where the person holding the Talking Stick does the talking, while the other people present listen. The Talking Stick is passed around the circle, allowing everyone a chance to talk, but without the requirement to talk.

### **How to get trained in Restorative Justice Education:**

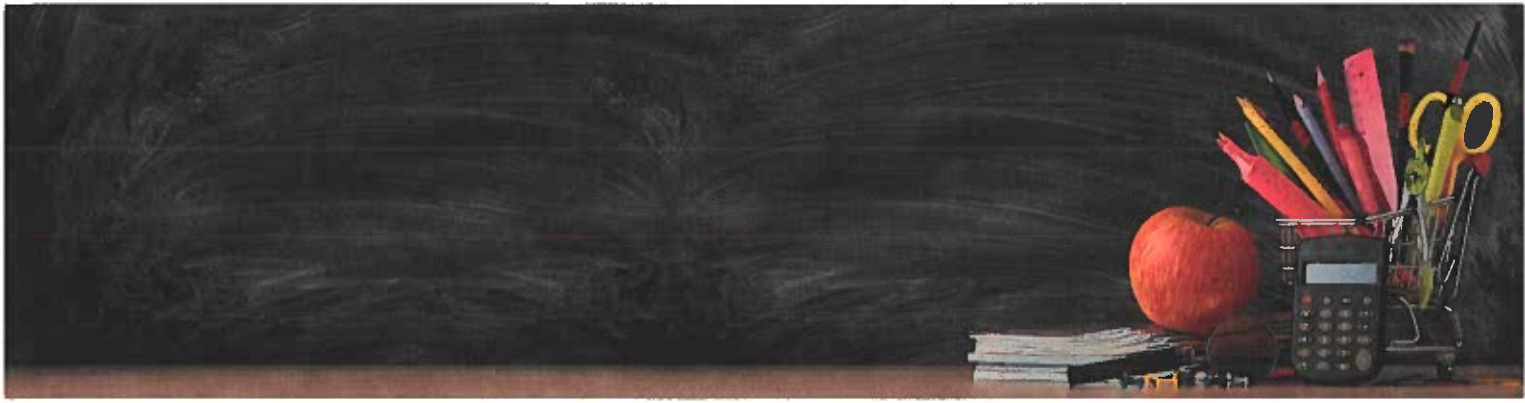
Casa-Trinity staff will be offering the Restorative Justice Education Training to anyone who works within the educational field.

The training will consist of 16 modules. Within the modules' there are videos and response questions. There are role plays within this training where participants will practice several restorative practices.

This training is offered in a variety of formats including in-person, virtual, or asynchronous.

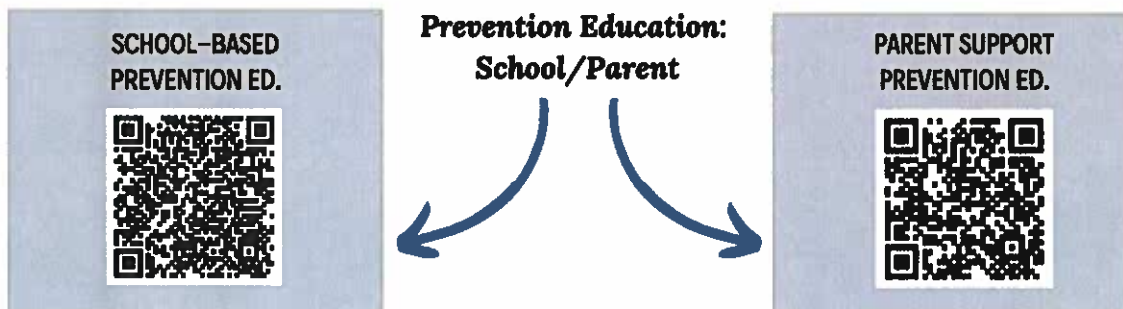
**Interested in learning about our other programs?  
Visit our website: [Tioga County Prevention Services Offerings](#)**





**Interested in Scheduling Prevention Programming for the  
2025-2026 School Year?**

We encourage schools to schedule their classroom prevention programming or training needs with us as early as possible to secure a spot in our calendar. If you're unsure which programs would be suitable for your school or need more general information, we're here to help! We offer a comprehensive menu of services and would be happy to discuss the available options.



**To Learn More About Our School-Based Prevention Programs,  
Please Contact:**



**Dr. Laura Smith, PhD, CPP**  
*Program Director Tioga Prevention and Training  
Coordinator*  
CASA-Trinity, Inc.  
lsmith@casa-trinity.org | (607) 483-4066

*Thank  
you!*

*Hope begins here.*

**CASA**  **TRINITY**  
COUNCIL ON ALCOHOL AND SUBSTANCE ABUSE  
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**For Partnering with CASA-Trinity, and for everything you do to make our  
community a healthier place! Enjoy the Summer! See You Next Fall!**